

Ten years ago,  
we began searching for  
the most comfortable bed  
that was made out of the healthiest, non-toxic, hypoallergenic materials, but there were none to be found.

We then set out to make  
"the perfect bed."

## TESTIMONIALS



"We've had the best sleep ever since we purchased our new Organic Sleepworks mattress. We are thrilled that it's totally toxic-free and does not out-gas any chemicals. We highly recommend it!"  
~ Dr. Randolph & Kitty Aguilera, DDS



A remarkable bed that adjusts to you, We Love It! It gently contours to your body promoting a soothing restful sleep, invigorating your morning and eliminating back ache. Wonderful!! Thank You!!  
~Everett & Violet Stockstill





*You Couldn't Dream Up a Better Bed*

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We believe that the questions you ask determine the answers you get. That's why we began asking different questions about what the quintessential bed would be in every respect.


We had the unique opportunity to ask the right questions:

- *Should a bed be made using metal coil springs?*
- *How do you prevent dust-mites?*
- *What are the best materials for breatheability and the dissipation of heat?*
- *What are the most hypoallergenic materials?*
- *Should there be any metal under your sleep surface at all?*
- *Does a bed really need to be treated with toxic fire/flame retardant chemicals?*
- *What construction design and materials really create the most comfort and support?*
- *Is the Temp-Pedic "memory foam" a good choice?*



QUALITY

Your bed should adapt to your body,  
not the other way around.



Have you ever seen the inside of a mattress that was torn or a see-through model at a mattress store and wondered why they put in all those metal coil springs? As you learn about conventional mattress construction, you find out that the synthetic foam that they use is so cheap and crushes so easily, they have to put a coil spring network in the mattress so it won't collapse! Imagine an air mattress that people take camping only half inflated, and that's what a conventional coil spring mattress would look like if you removed the coils. So basically, you're sleeping on a bunch of metal coil springs, which isn't much different than what the prisoners at Alcatraz Federal Prison slept on 75 years ago. Your Back Deserves Better Than That!

Since one third of your 24 hour day is spent lying down in order to rest and recuperate from a long day of work, your bed should adapt to your body, not the other way around. Since your strength, energy and performance are largely dependent on sleep, and your sleep quality is dependent on your bed—your bed should be considered a major component of optimum health.

At Organic Sleepworks, every single detail of bed design has been meticulously analyzed. The type of foam, the ticking and cover material, the base and even the thread. But you might say, "Who says that your bed is made the right way?" We're glad you asked. Please continue the tour.



## REASONS

First of all, these components work perfectly to provide the ultimate in comfort and the healthiest sleep environment. Secondly, they're safe and non-toxic. Thirdly, they last a long time and don't allow the bed to deteriorate. Fourthly, they're hypoallergenic—that is, they do not encourage allergies. Fifthly, they breathe well, dissipating heat and moisture.

*As you can see,  
we've left nothing to chance.*

## WON'T & DON'T

- Particle/press board: which is known to out-gas formaldehyde and other toxic chemicals.
- Metal coil springs: which are totally unnecessary when using the finest natural rubber latex foam, and they create poor compressibility.
- Box spring: which is inappropriate as a foundation due to its inability to function synergistically with the mattress as well as creating poor compressibility.
- Any metal at all: Which is unnecessary and which will create a negative magnetic field.
- Synthetic petrochemical based foam: which can be allergy promoting for some individuals and possesses a toxic field that weakens some people.
- Synthetic fabric/materials: which have been shown in studies to increase allergies and does not dissipate heat and moisture efficiently.
- Toxic fire/flame retardant: which has been demonstrated in research to be carcinogenic (cancer causing) and unnecessary when the right materials are used.



## Natural Latex Foam provides:

- Individual support and comfort in any sleeping position
- Optimal body conformity and spinal alignment
- Hygienic and dry sleeping climate through excellent ventilation
- Certified purity—Öko-Tex certifies that all materials conform to the strictest European standard for harmful substances and chemicals in mattresses
- Anti-allergenic properties—inherently anti-bacterial and mold-free, ideal for allergy/asthma individuals
- Long lasting resilience and exceptionally durable
- Quiet sleep with far less motion allowing movement without disturbing your spouse
- Even cushioning with no sagging or depressions



## Why Natural Latex Foam?

Natural latex foam comes from the sap of the rubber tree (Hevea Brasiliensis) originated in Brazil and now grown mainly in Thailand, Indonesia, Malaysia and Guatemala so it's the most natural foam in the world. It happens to be significantly more expensive than synthetic foam which is why large mattress manufacturers use synthetic foam instead of natural latex, but as you'll see—it makes all the difference in the world.

## Our Latex Foam Is Pure

Some so-called natural mattress companies claim that their latex foam is all natural but to let you in on an insider secret—most of them are not. Usually these other companies are using a blend of synthetic foam mixed with poorly-made latex. The structure of these fibers will break down. Ours by contrast is 100% natural rubber latex—the purest natural foam in the world.

## Simple Yet Effective

Our 100% natural All-Latex mattress requires no innersprings or micro-coils—it's simply eight inches of pure latex foam. Natural latex foam that's 100% pure is the most non-toxic, hypo-allergenic sleeping surface in the world due to its antimicrobial properties and ventilating cellular structure. Some believe that a latex mattress may be problematic if you are allergic to latex gloves. Obviously, we don't come into direct contact with the latex foam in our mattress like we would by wearing latex gloves, therefore those who have allergy or sensitivity to latex gloves will not react allergically to the Organic Sleepworks mattress.

## WOOD



*Flexion & Rotation  
Beechwood*

Our goal from the very beginning at Organic Sleepworks was to create a bed without any metal used as structural support. Since metal coil springs are unnecessary and less than ideal for use in a mattress, we believed that the same was true for the base. Therefore, when you purchase an Organic Sleepworks bed, you don't receive a "box spring" with your mattress—instead you receive a "slatbase."

Our slat suspension system is composed of a solid wood frame—no pressed wood or particle board—and the slats themselves are 100% beechwood attached to the frame with rubber connectors which allow for flexion and rotation.

There is no electromagnetic or negative energetic interference field with wood slats. In Chinese Medicine as well as Ayurvedic Medicine, the very idea of sleeping on a surface with any metal underneath your body is unthinkable. When you spend as much time as you do lying down to sleep, rest and regenerate and since our bodies are very bio-electric, metal is simply not the ideal material to use in a mattress or base to lay on.

## Support

The slats also function as a dynamic interface with the mattress by flexing and rotating from the compression of the mattress above. Since the mattress moulds and conforms to the contour of your body, in the same way, the slatbase conforms to the contour of the mattress thereby functioning as a single unit.



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COTTON



*Organic  
Superwashed*

The fabric cover that we chose to use was decided upon only after a great deal of careful consideration. Although cotton is extremely hypoallergenic, it tends to absorb a lot of moisture from our bodies as we sleep. We lose about 1-2 ounces of fluid each night. We have therefore chosen to include a layer of wool under the all organic cotton in order to whisk away the moisture and provide a cooler sleeping surface. For those individuals who are vegan and are philosophically against the use of any animal materials, the cover may be ordered without wool.

Another aspect of cotton that few people are aware of is that even organically grown cotton contains 10-12 naturally occurring mold spores. For most people, this would never be a problem but for the hypersensitive individual with allergies, asthma, multiple chemical sensitivity or environmental illness, this can be the difference between the ability to tolerate the bed and sleep well or not. Because of these issues, we only use organic "superwashed" cotton. "Superwashing" is a German process by which the cotton is superwashed with a safe, non-toxic solution of hydrogen peroxide prior to being woven, eliminating all of the mold spores that could cause any intolerance or allergic reaction.

**Breathe**

We also chose to allow the top of the mattress cover to be removed in order to shake off any dust or skin cells that can attract dustmites. This also gives you the ability to inspect and test the inside of your mattress at anytime.



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[Our Materials](#) } [Our Philosophy](#) } [Body Alignment](#)

The raw materials that we start with in order to construct an Organic Sleepworks bed are solid wood, natural rubber from the rubber tree, cotton and sheeps wool—that's all.

WOOD

We believe that God has provided through nature, all the necessary components—we must simply discover the most appropriate way to combine those raw materials without adulterating them.

The secret to the perfect bed design is to take these raw materials and fashion them into components that will function synergistically to accommodate the pressure points exerted by your body, maintaining proper spinal alignment and optimally distributing your weight.

*RAW yet Refined*



Natural



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Our Materials } **Our Philosophy** } Body Alignment

Our philosophy is that we refuse to compromise and neither should you. Now you can be health conscious even when you're unconscious! Our team researches products worldwide and chooses components based on functionality—not cost. If a product doesn't meet our strict standards, we don't buy it. As a result, we only purchase materials from European manufacturers where performance and certified purity are more important than profits.

We believe this is the only way to provide you with a consistently superior product.

The most important criteria we consider is safety. Every component must be non-toxic and biocompatible to you the consumer, fulfilling the "safety requirement." Our second most important criteria is effectiveness. Does every component also function synergistically to provide an effective sleep system.

The most important characteristic of a great mattress is compressibility. Is the mattress capable of compressing and thereby conforming to the contour and shape of your body?



Our experience is that most mattresses cannot and do not compress and conform to your body shape. Instead of your bed adapting to your body, your body's structural shape must somehow adapt to your mattress. Whether you sleep on your back or your side, your shoulders and hips create more downward pressure into the mattress.

### *RAW yet Refined*

Typical American-made mattresses resist instead of compress at these pressure points—they push up when they should be allowing your shoulders and hips to sink in. Sometimes they just sag all over, not providing the right support anywhere.



This lack of compressibility combined with saggy-ness will put the body into mal-adaptive positions leading to musculoskeletal stress vastly undermining the benefits of sound sleep. In other words, you'll wake up most mornings on the wrong side of the bed.



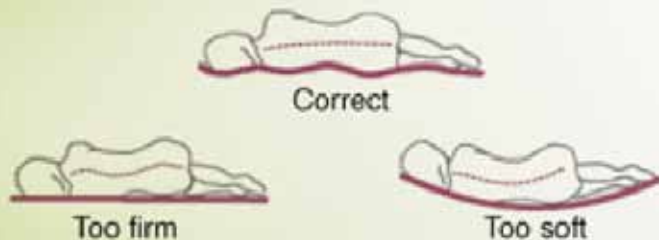
# Natural



Body weight, body type, chronic conditions and favored sleeping positions are all variables that demand the right support to keep the spine aligned. Every Organic Sleepworks bed is adjustable and provides customized comfort for your back and entire body.

The sleep systems from Organic Sleepworks:

- Adjust to each person's contour.
- Respond to shifts in weight and shape.
- Distribute weight and pressure evenly.
- Maintain their form to keep the body and spine in alignment

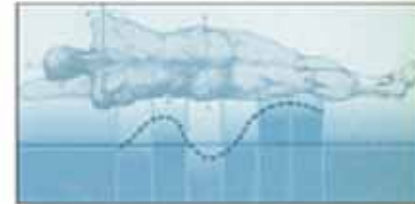


The benefits are many. Proper body alignment reduces the risk of chronic back pain, keeps neck and shoulders relaxed, and promotes the deeper sleep cycles that heal your body.

## PRESSURE

High pressure contact, usually at weight-bearing points like shoulders and hips, can cause discomfort. But it can do more than that. It can also cause:

- Impaired circulation
- Disrupted cellular respiration
- Elevated heart rate
- Higher blood pressure
- Increased restlessness



Traditional U.S. mattresses often test out at over 40mmHg (millimeters of mercury). That's the maximum pressure point cut-off before circulatory problems develop. Testing of our mattress systems has consistently shown measurements well below 40mmHg.



## PTC's: Persistent Toxic Chemicals

What's the big deal about some fire/flame retardant applied to the mattress or formaldehyde in the fabric?

For those who would marginalize the application of known carcinogenic (cancer causing) chemicals, we respectfully ask in response, "What amount of a toxic substance is a safe amount?" The answer is that we don't know, so therefore wisdom would dictate that

we should error on the side of safety and caution instead of taking a reckless attitude of, "I don't know and I don't care."

One thing we do know is that low level outgassing of chemicals from building and home furnishing materials do not follow the pattern of classical toxicology—they are much more subtle and insidious.

Recent landmark research has concluded that extremely small amounts of these chemical compounds act as hormone imposters, causing systemic hormone dysregulation. In other words, the entire hormone cascade in your body that functions as the "slow messaging system" is completely disrupted.

Based on the groundbreaking research by Theo Colborn, Dianne Dumanoski, John Peter Meyers in "Our Stolen Future."



### Articles and studies about chemical fire/flame retardants

Dangerous chemical found in women's breasts: Bay area levels higher than Europe & Japan; [San Francisco Chronicle; March 12, 2003.](#)

Study finds flame retardants in many foods; [Environmental Health Perspectives; Arnold Schechter, PhD. University of Texas Health Science Center; February 14, 2005.](#)

Flame retardants may be phased out; [USA TODAY; Elizabeth Weise; October 26, 2003.](#)

The Importance of Air Purification For Your Health Study says household dust holds dangerous chemicals; [San Francisco Chronicle; Jane Kay; March 23, 2005.](#)





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IQAir brochure in pdf



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Serious Fitness with Steven Serio in pdf

Visco vs Latex Comparison Chart in pdf

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The Energy Cafe [www.theEnergyCafe.com](http://www.theEnergyCafe.com)

Christian Research Institute [www.equip.org](http://www.equip.org)

OC Software Classes [www.ocsoftwareclasses.com](http://www.ocsoftwareclasses.com)





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# COMPARISON

Organic Sleepworks

vs. Tempur-Pedic™ Memory Foam

- ✓ 100% Natural Rubber-Tree Foam
- ✓ Organic Super-washed Cotton & Wool Cover
- ✓ Inherently Hypoallergenic
- ✓ Proven Track Record of Safety
- ✓ Excellent Ventilation, Open, Interconnected Cell Structure and Pin Core Design
- ✓ Even Cushioning with No Sagging or Depressions
- ✓ Comfort in Any Position.
- ✓ Reduces Excessive Motion that Typically Wakens Spouse
- ✓ Excellent Resilience and Conformity
- ✓ Long Lasting and Exceptionally durable 75 years proven track record.
- ✓ Wood Slat Suspension System, Completely Non-Metallic

- Polyurethane, Synthesized from Petrochemicals that Out-Gas
- Chemically Treated Synthetic Fabric Cover
- May Induce Allergic Response
- No Proof of Safety
- Low Ventilation Large Contact Area Generates Heat Build Up and Reduced Air Flow
- ✓ Distributes Body Pressure Evenly
- Comfort in Certain Positions
- ✓ Reduces Excessive Motion that Typically Wakens Spouse
- Poor Resilience, Resulting in Body Impressions
- Less than 10 Years on the Market. Unproven Life Span.
- Metal Coil Spring Base



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